



ALBERTA

Primary and Preventative
Health Services

*Office of the Minister
MLA, Red Deer-North*

M.O. 31/2025

WHEREAS under section 17.1(1)(g) of the *Designation and Transfer of Responsibility Regulation* the Minister of Primary and Preventative Health Services is responsible for the *Health Professions Act*;

WHEREAS section 1.92(1) of the *Health Professions Act* prohibits a regulated member from prescribing a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*, or any other drug identified in the regulations, to a minor for the purposes of hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence except in accordance with an order of the Minister under section 1.93;

WHEREAS under section 1.93 of the *Health Professions Act* the Minister may make orders

- (a) authorizing the prescription of a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*, or any other drug identified in the regulations made under section 1.92(2), to a minor for the purposes of hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence, and
- (b) respecting any such authorization, including any terms, conditions or limits that apply to an authorization; and

WHEREAS section 7 of the *Interpretation Act* confirms that the Minister may make an order under section 1.93 of the *Health Professions Act* even though section 1.93 has not yet been proclaimed;

WHEREAS the Minister acknowledges that this order has no effect until section 1.93 of the *Health Professions Act* is proclaimed;

WHEREAS it is desirable to allow a regulated member to prescribe a Schedule 1 drug within the meaning of the *Pharmacy and Drug Act*, or any other drug identified in the regulations made under section 1.92(2), to certain minors in specific circumstances for the purposes of hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence;

THEREFORE, I, ADRIANA LAGRANGE, the Minister of Primary and Preventative Health Services, pursuant to section 1.93 of the *Health Professions Act*, do hereby order that:

1. Regulated members may prescribe hormone therapy, including puberty suppression and hormone replacement therapy, to a minor for treatment of gender dysphoria or gender incongruence if the minor had commenced such treatment on or before proclamation of section 1.92 of the *Health Professions Act*.
2. For the purposes of clause 1 of this order:
 - a. A minor commences treatment on the date on which a regulated member prescribes hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence.
 - b. Any minor who commenced treatment of hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence while the minor's ordinary place of residence was outside of Alberta is deemed to have commenced treatment under clause 1 notwithstanding the minor was prescribed hormone therapy after the coming into force of section 1.92 of the *Health Professions Act*.
3. Regulated members may prescribe hormone therapy, including puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence to minors aged 16 and 17 with parental, physician and psychologist approval.
4. Where this order requires parental, physician or psychologist approval before a minor aged 16 or 17 may be prescribed hormone therapy:
 - a. A parent or a legal guardian of the minor can provide parental approval
 - b. Approval by a physician may only be given by individuals authorized to use the title "physician" under Schedule 21 of the *Health Professions Act*.
 - c. Approval by a psychologist may only be given by individuals authorized to use the title "psychologist" under Schedule 22 of the *Health Professions Act*.
5. Regulated members may renew or modify a prescription for hormone therapy for a minor who has been prescribed hormone therapy, including

puberty suppression and hormone replacement therapy, for the treatment of gender dysphoria or gender incongruence. For greater certainty, regulated members may only prescribe a different class of hormone therapy to a minor, such as switching from a puberty suppression to hormone replacement therapy or vice versa, in accordance with Clauses 3 and 4 of this order.

6. Regulated members may prescribe hormone therapy, including puberty suppression and hormone replacement therapy, to a minor diagnosed with a disorder of sex development, regardless of a co-existing diagnosis of gender dysphoria or gender incongruence.

This Ministerial Order comes into effect upon signing.

DATED at *Edmonton*, Alberta this *08* day of *September*, 2025.



ADRIANA LAGRANGE
MINISTER